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September 28, 2017

Rules Interpreters,

I would appreciate if you could send this out to the assignors in your sports for me.

It has come to our attention that there is a medical procedure that can be used to help alleviate the symptoms of Migraine headaches, it is called DAITH piercing in which a small earring is placed inside the ear. I have attached a picture of what it looks like that was received from the NFHS. The earring may not look like the one in the picture, but it is very tiny.

Athletes wearing this type of piercing should have a doctor's note authorizing its use by the athlete and a note from the NJSIAA. Since this is something new, if the athlete does not have a doctor's note, the official should let the athlete play the game with the DIATH piercing and follow up with the NJSIAA to report the athlete and the school.


Thanks,



All Stumpf

NJSIAA - Assistant Director

Points of Emphasis



DAITH PIERCING FOR MIGRAINE HEADACHES

