



2023-24 NFHS VOLLEYBALL RULES POWERPOINT

National Federation of State
High School Associations



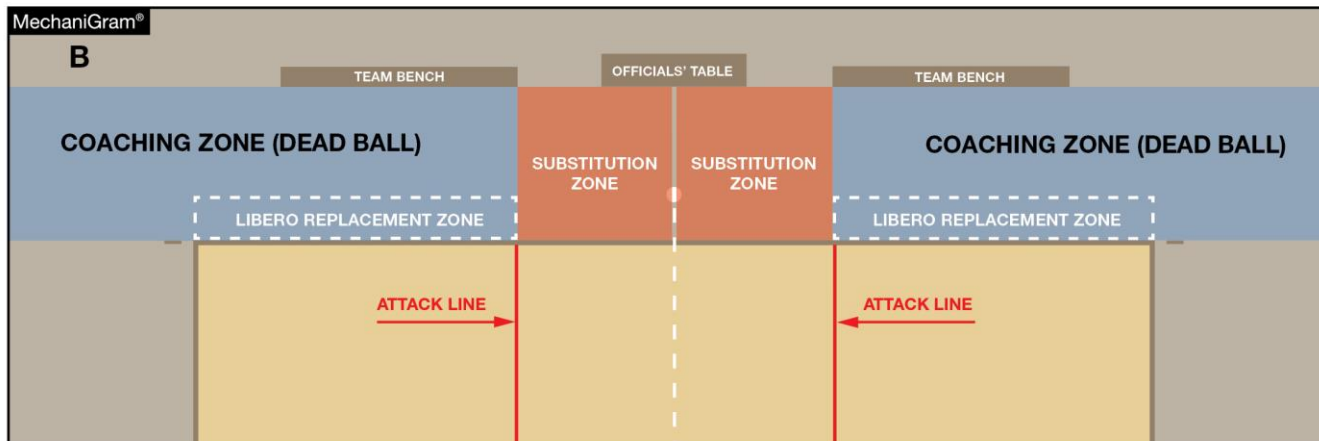
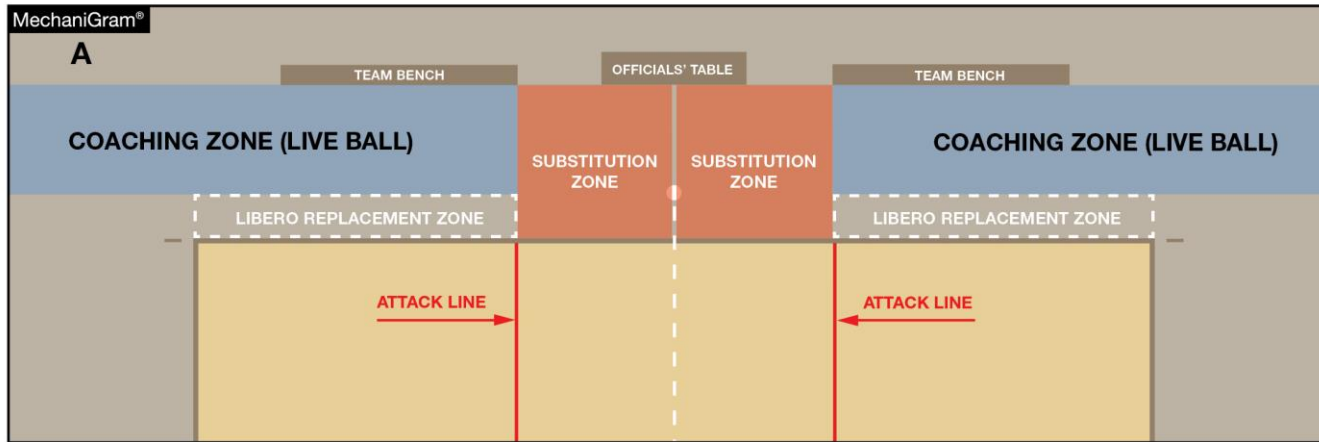
Rules Changes
Editorial Changes
Points of Emphasis

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THE COURT AND MARKINGS

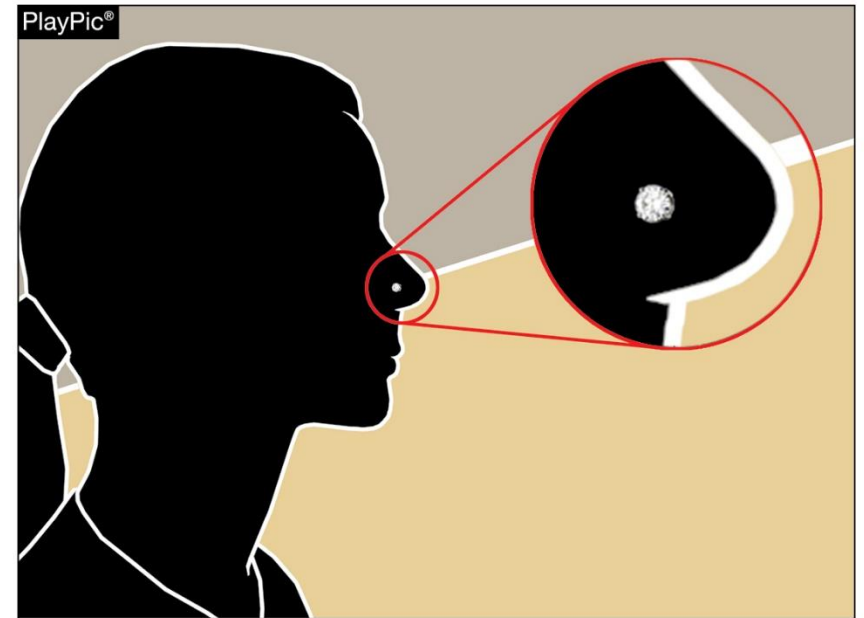
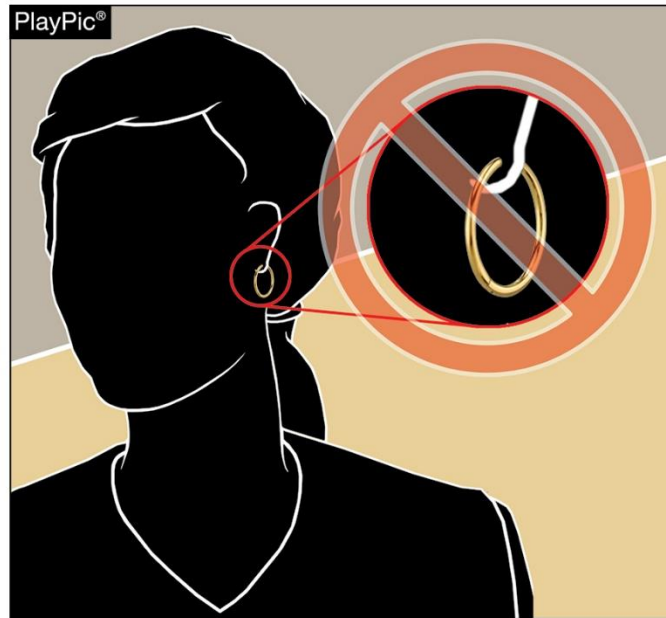
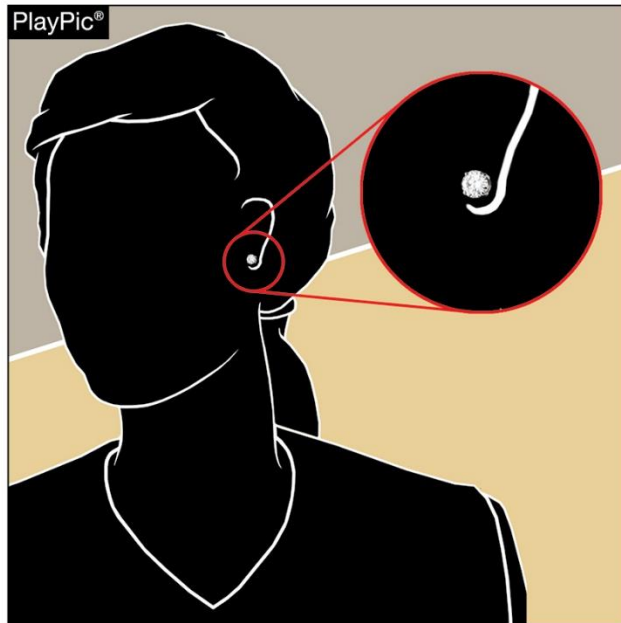
2-1-9 (NEW) & 12-2-5



- A new Coaching Zone has been established to clearly identify the area in which coaches are allowed to stand.
- This area is defined by the libero replacement zone extending beyond the end line and sideline extended.
- Head coaches must maintain a distance of at least 6 feet from the sideline during live-ball situations (MechaniGram A) and may approach the sideline during dead-ball situations (MechaniGram B).

EQUIPMENT AND ACCESSORIES

4-1-7



- Small, secured stud or post jewelry may be worn above the chin.
- No jewelry is permitted below the chin.



EQUIPMENT AND ACCESSORIES

4-1-7



- String bracelets, commemorative bracelets and body jewelry are considered jewelry and are not permitted.
- Taping over jewelry is not permitted.
 - Exceptions remain for religious and medical alert medals

LEGAL UNIFORM

4-2-4b

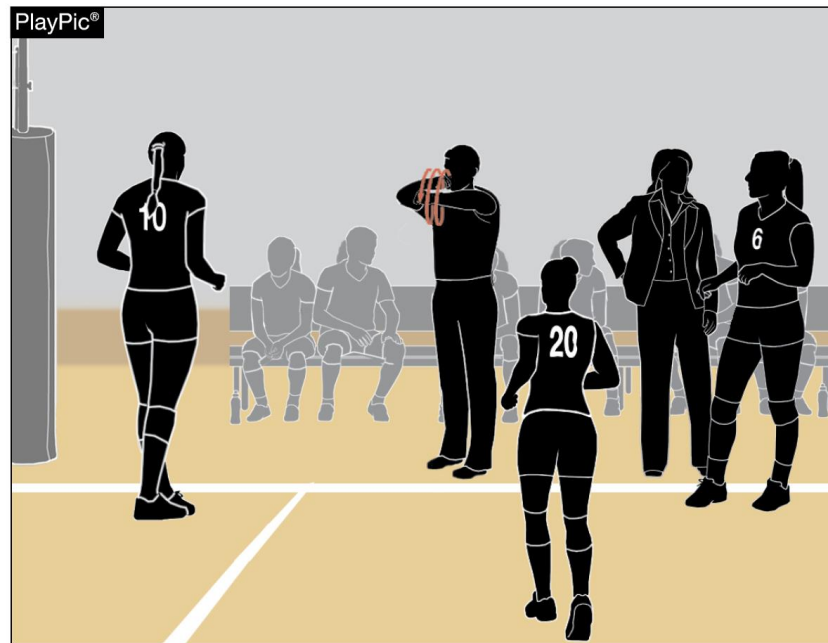


- Numbers with a leading zero (01, 02, 03, etc.) will be non-compliant beginning in 2028.
- Legal uniforms must be numbered 0-99.

CONDUCT

5-5-3b(11), 12-2-6

Dead Ball

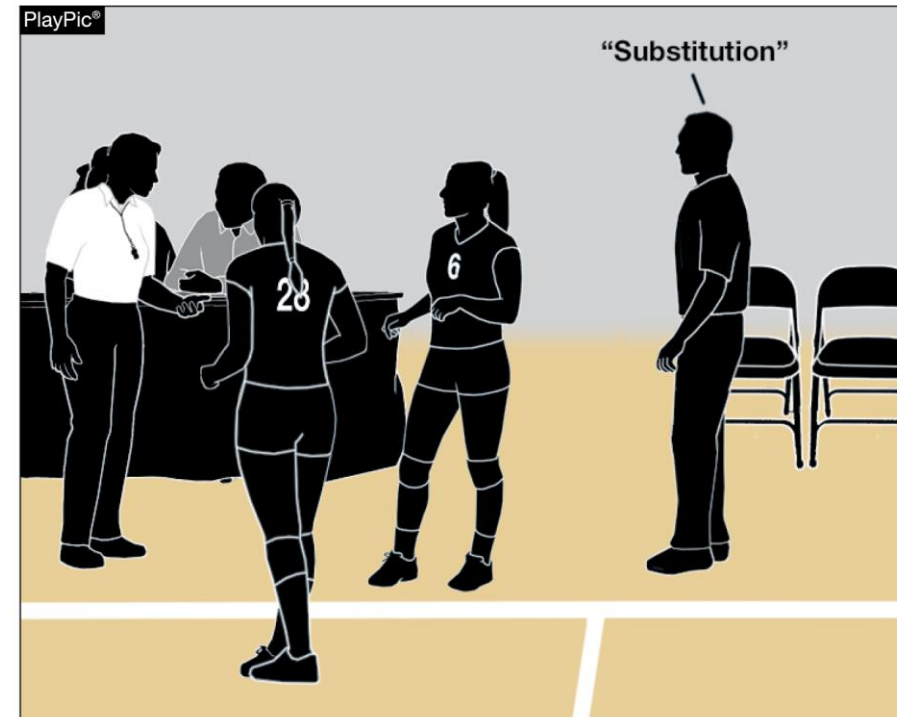
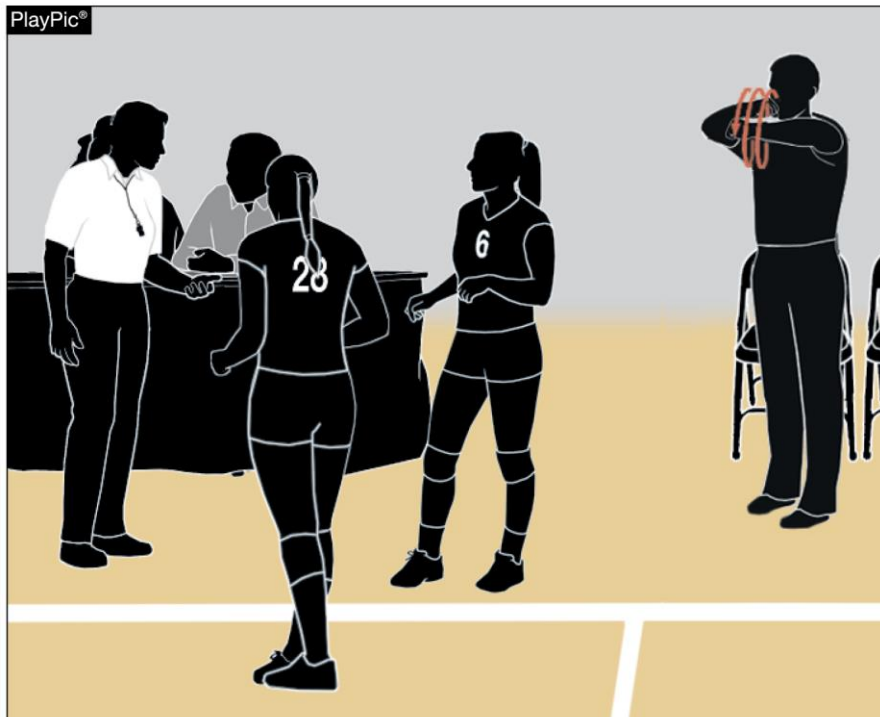


Live Ball



- One assistant coach may stand within the coaching zone to provide instruction during dead-ball situations only.
- The assistant coach who stands may change throughout the match – **only one** can stand at a time.

PROCEDURE FOR SUBSTITUTION 10-2-1



- The head coach may signal or verbally request a substitution.



4-2-4c LEGAL UNIFORM



ILLEGAL (2023)



LEGAL



LEGAL

- Beginning with the 2023 season, the body of the uniform number must clearly contrast with the uniform top regardless of the border/trim.

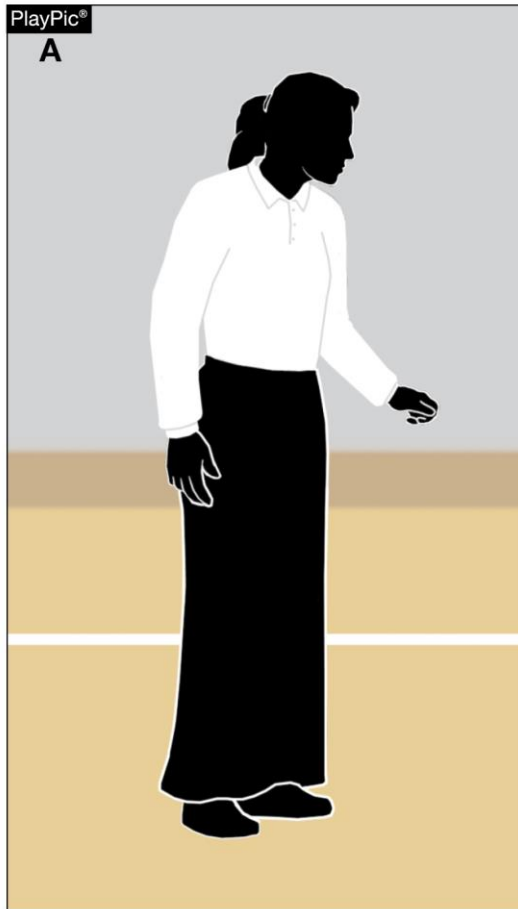


Editorial Change

2023-24 NFHS VOLLEYBALL



5-3-1 NOTE (NEW) OFFICIALS UNIFORM ACCOMMODATIONS



- Officials uniform accommodations may be made for religious and medical reasons while adhering to the established colors in items (a) and (b).



Points of Emphasis

2023-24 NFHS VOLLEYBALL



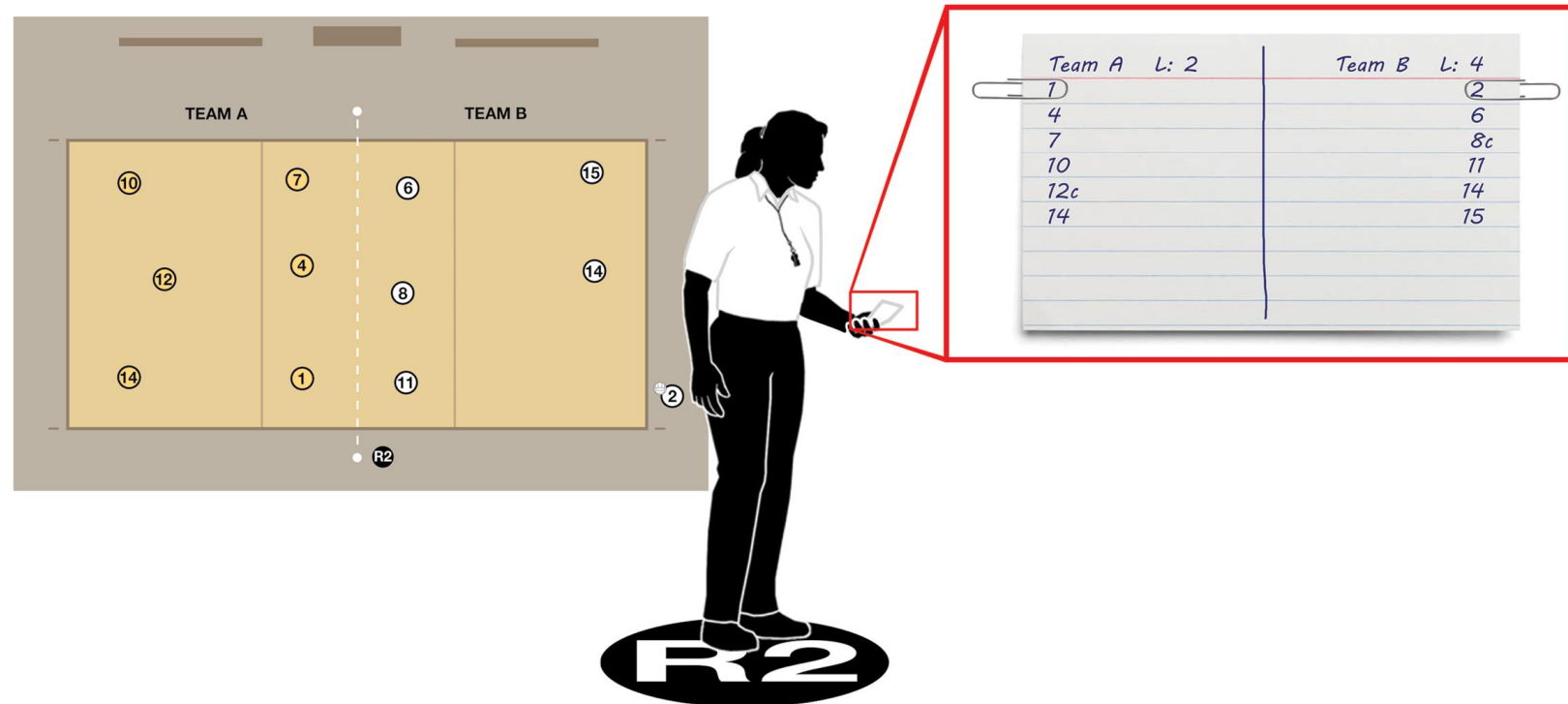


USING THE LINEUP CARD EFFECTIVELY

- The lineup card is a tool to assist the second referee and is used to:
 - Record starting lineups; and
 - Verify each team's lineup at the start of each set.

- The second referee can also use the lineup card to:
 - Record substitutions;
 - Record time-outs used by each team;
 - Identify players (circle the back-row setter); and/or
 - Record yellow/red cards.

USING THE LINEUP CARD EFFECTIVELY: STARTING PLAY



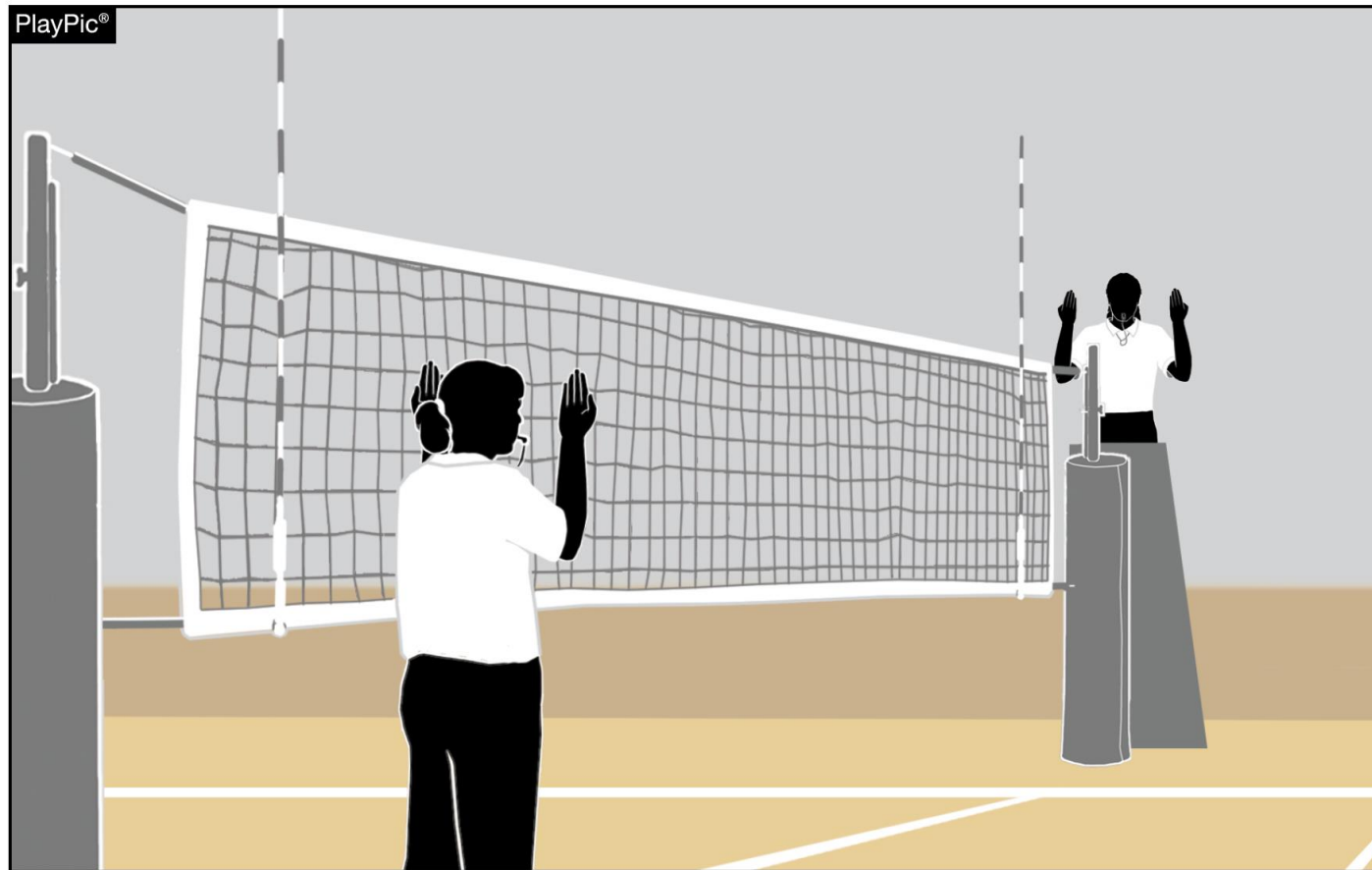
- Second referees should use or create a succinct lineup card for checking the teams' starting positions prior to each set.



USING THE LINEUP CARD EFFECTIVELY: STARTING PLAY

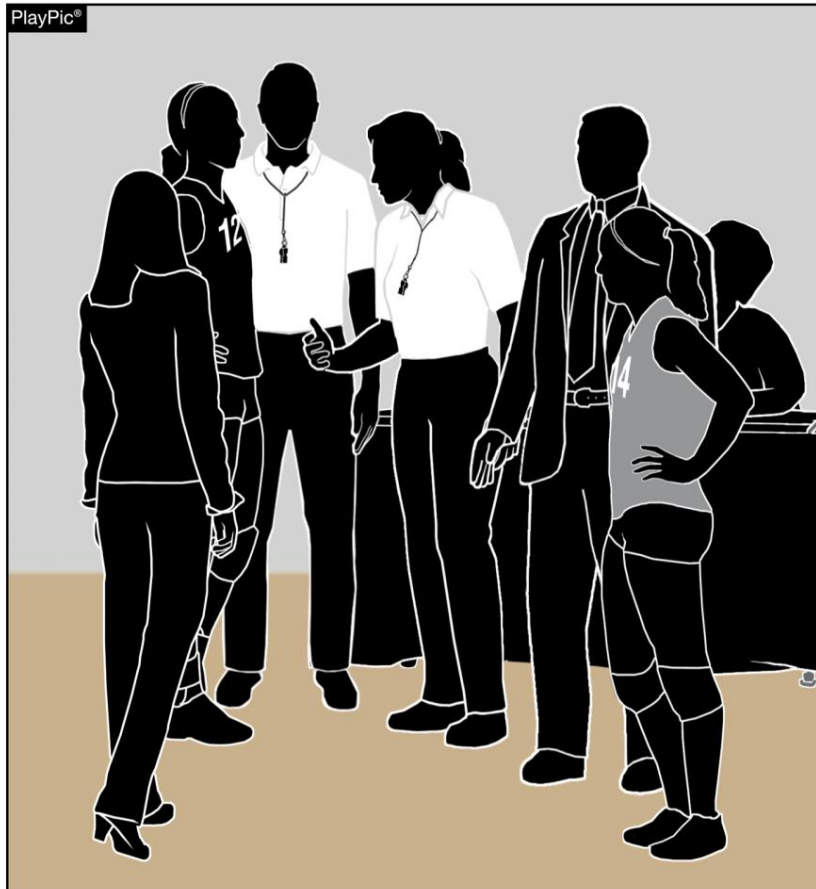
- Once the lineups have been checked, the captain has been identified, the libero (if used) has been authorized by the second referee to enter, the game ball has been retrieved from the officials' table and tossed to the first server, the second referee should:
 - Place the lineup card and writing utensil in a pocket;
 - Take the ready position on the receiving team's side;
 - Face the court with shoulders parallel;
 - Make eye contact with the first referee; and
 - Signal "ready" by extending the arm farthest from the net toward the first referee.

USING THE LINEUP CARD EFFECTIVELY: DURING THE SET



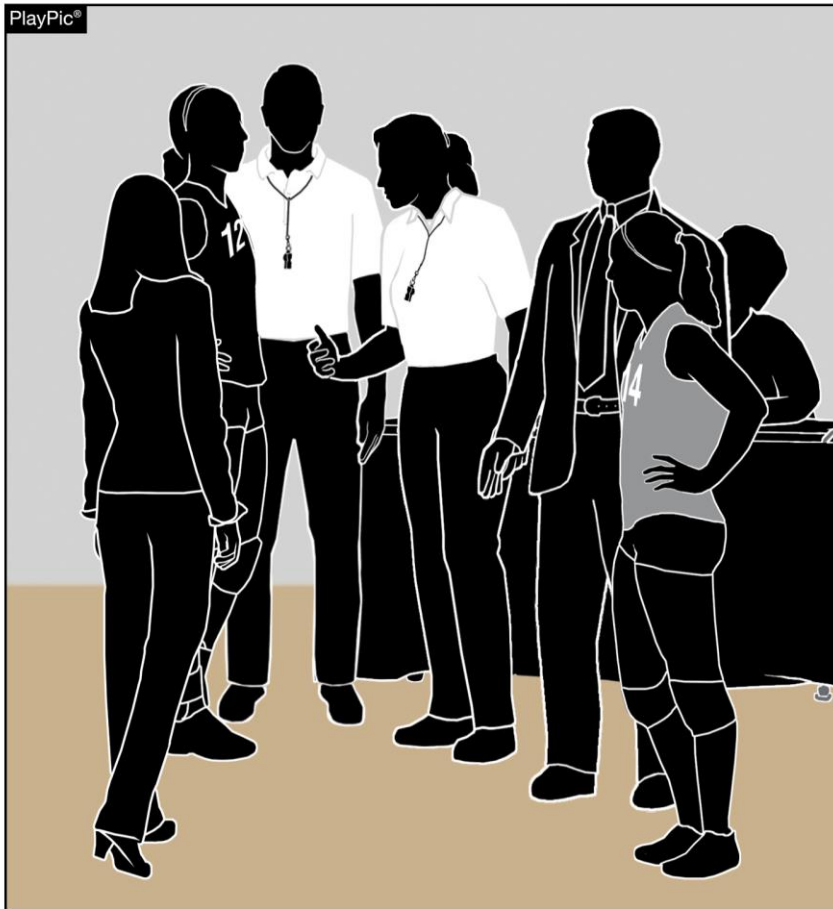
- During play, second referees should keep lineup cards in their pocket in order to properly mimic their partner's signals.
- Second referees should refrain from signaling with a lineup card or pencil in hand.
- During substitutions, if recording on the lineup card, quickly take the card out, note the changes and put the card back in a pocket.
- Refrain from giving the court back to the first referee until the lineup card and pencil are put away.

COACHING ZONE PRIVILEGES



- The pre-match conference provides an opportunity for the officials to identify the head coach of each team for the current match.
- During the pre-match conference, officials should remind head coaches that **only one** assistant coach at a time may stand during a dead ball.

PRE-MATCH CONFERENCE



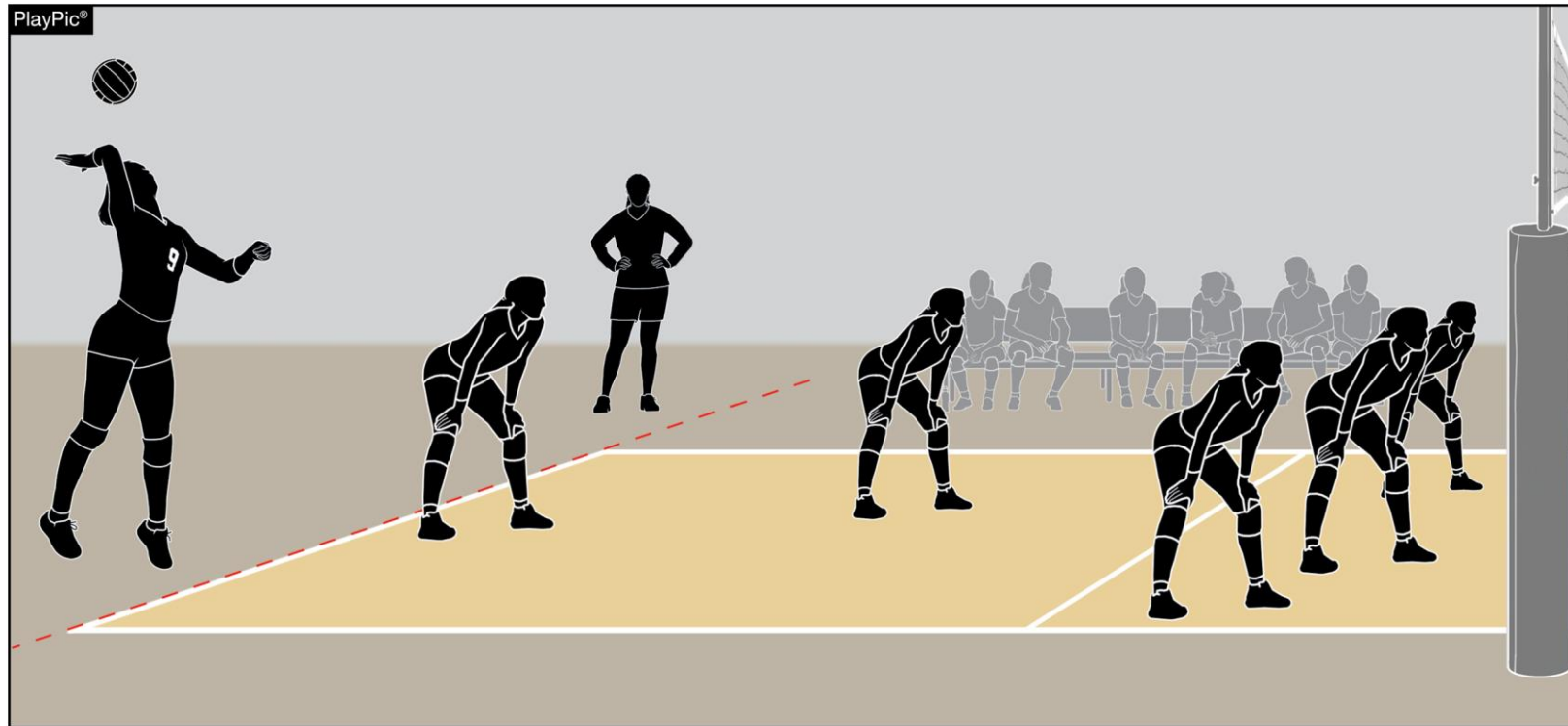
- Note positioning of R1 & R2.
- They will stand side by side facing the court.
- If line judges are officials, they would stand across from the R1 & R2 for introductions only.
- R1 needs to ask coaches if they are switching sides at the conference.

COACHING ZONE PRIVILEGES



- Once the first referee extends an arm for the authorization of serve, the assistant coach must return to the bench and may not stand again until the next dead ball.

COACHING ZONE PRIVILEGES



- The head coach may stand and coach beyond the libero replacement zone. However, the coach must remain six feet off the court during play and may not cross the sideline extended during dead-ball situations.



COACHING ZONE PRIVILEGES

- Assistant coaches may not address officials, except to:
 - Review the accuracy of the score,
 - Verify the number of time-outs used by their team,
 - Verify the number of substitutions used by their team, or
 - Verify the proper server for the opponent.
- Abuse of these privileges will result in:
 - **Yellow** Conduct Card (warning) for first minor offense;
 - **Red** Conduct Card (penalty) for first serious or second minor offense and loss of rally/point is awarded to opponent.



DEADLINE REMINDERS

- Finish Refresher Test by 11:59 PM tonight (8/31)
- Concussion Course must be taken prior to September 1st
- Find course at NFHSlearn.com
- Register with the NJSIAA.
- All requirements must be completed prior to September 1st or assignments in ZebraWeb will be removed.





OFFICIALS SPORTSMANSHIP STATEMENT

- Officials will read the following statement before every NJSIAA event at all levels (No Paraphrasing):
- The NJSIAA requires officials to enforce all rules regarding unsportsmanlike conduct by coaches and players. There will be no tolerance for any negative behavior, such as taunting, trash-talking and verbal, written, or physical conduct related to race, gender, ethnicity, disability, sexual orientation, or religion. Such behavior will result in being ejected from this event. **All participants must respect the game, respect the officials, and respect their opponents.**



THANK YOU

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www.nfhs.org | www.nfhslearn.com | www.nfhsnetwork.com

